

NEWSLETTER



HELLO January!

MONTH AT A GLANCE- HIGHLIGHTS:

- Visit animals at the Humane Society open house. "Remember this" Jars- Put in all the good moments to look back at the end of 2024!
- Go to double jump for movies/games.
- Rose City roller derby headliner tournament. Monday Funnites is back at the Luepke Center this month!
- Coffee outing at Black Rock.
- Sewing crafts with Day Program.
- Columbia Springs- Nature Fun Day.- Go volunteer to clean up our parks!
- Rice sock heating pads with Day Program.

HOT TOPICS

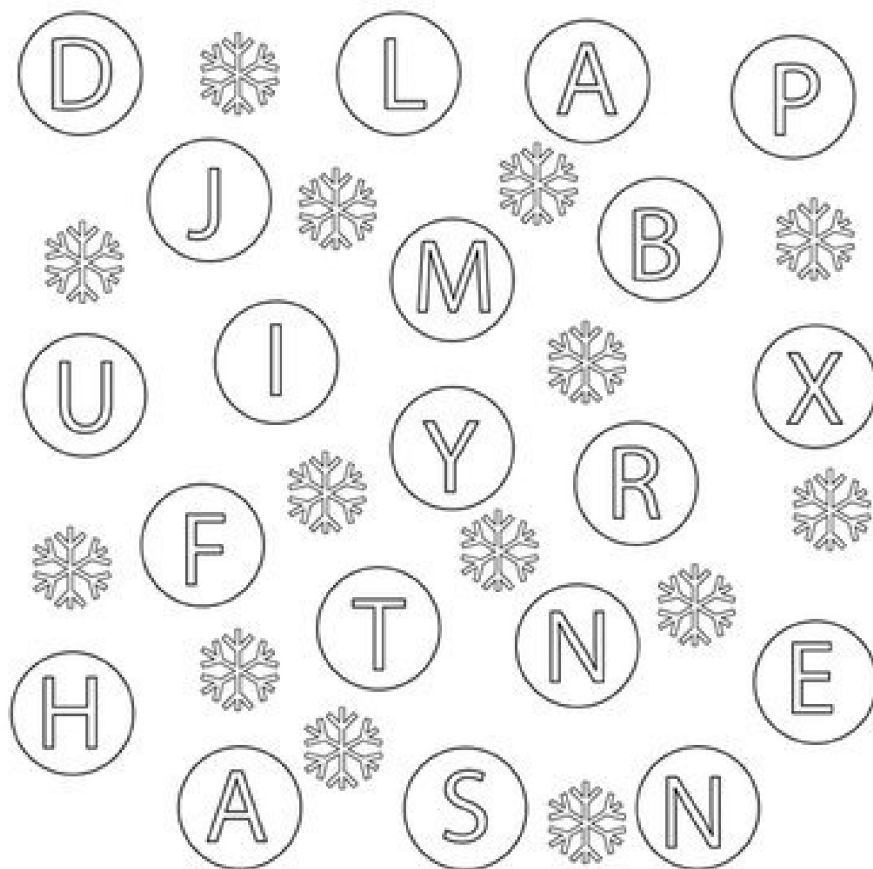
- ✓ **Do you have any art** upstairs in the loft? Collect your items or donate to SP for our art giveaway!
- ✓ **NEW YEAR HEALTH CHALLENGE!**- Board is in the gym- ask a staff for details. Winners picked every month!
- ✓ **Rose City Roller Derby re-scheduled** to Sat. 1/27 due to inclement weather.
- ✓ **Friday night Dance** at the Luepke center for Feb 2nd- Valentines day dance.

Newsletter

I Spy January

Find and color the letters:

J-A-N-U-A-R-Y



JOKE OF THE MONTH:

Why was the snowman searching through a bag of carrots?

He was picking his nose!!

Newsletter

AUTHOR OF THE MONTH



THE SAN FRANCISCO 49ERS FEELING EAST BAY RISE

BY: JUSTIN LUSK

WELL HELLO THERE WELCOME BACK TO ANOTHER JUSTIN LUSK WORDPRESS BLOG. LET'S BEGIN WITH THE SAN FRANCISCO 49ERS. THE 49ERS AS A WHOLE WERE FINISHING THE 2022-2023 NFL SEASON WITH A PUNISHING DEFEAT IN THE NFC CHAMPIONSHIP GAME TO THE PHILADELPHIA EAGLES. PARTLY WAS BECAUSE THE SAN FRANCISCO 49ERS STARTING QUARTERBACK BROCK PURDY TORE HIS ACL IN THE CHAMPIONSHIP GAME WHICH PUT A DAMPER ON THE GAME. WHICH WOULD FORCE THE 49ERS TO RELY ON CMC CHRISTIAN MCCAFFREY TO PLAY QUARTERBACK IN THE GAME BECAUSE THE DEPTH WAS SO LITTLE.

NEXT THE GAME WAS A BEAT DOWN AND THE 49ERS DIDN'T STAND A CHANCE WHICH LED TO THE END OF THE ROAD FOR THE 49ERS THAT YEAR. AFTER ALL THAT MONTHS OF REHAB, AND WATCHING THE KANSAS CITY CHIEFS REPEAT AS SUPER BOWL CHAMPIONS TO BRING THE VINCE LOMBARDI TROPHY TO CHIEFS KINGDOM. THE 49ERS AND THE EAST BAY FANS KNEW THIS JOURNEY WAS NOT GONNA BE EASY. THE 49ERS WOULD DOMINATE EARLY ON AND LET THE REST OF THE LEAGUE KNOW THEY WERE A FORCE TO BE RECKONED WITH THIS YEAR. EARLY ONE BROCK PURDY WAS EMERGING AS A MVP CANDIDATE ON THE 2023 -2024 NFL FOOTBALL SEASON.

EARLY ON CHRISTIAN MCCAFFREY WAS PLAYING WELL WITH THE SUCCESS HELP WITH DEEBO SAMUEL AND TIGHT END GEORGE KITTLE. ON THE DEFENSIVE SIDE THE 49ERS WERE HAVING A GREAT SEASON WITH STAR DEFENSIVE END NICK BOSA. THE SAN FRANCISCO 49ERS ALSO HAD AT LINEBACKER FRED WERNER, BUT THE 49ERS WERE MISSING SOMEBODY HALFWAY THROUGH THE SEASON. SO AT THE NFL TRADE DEADLINE THE 49ERS KNEW THEY NEEDED TO MAKE A MOVE AFTER THE SEAHAWKS TRADED FOR QUINNEN WILLAMS SO THE SEATTLE SEAHAWKS KNEW IN THAT VERY MOMENT THEY HAD MADE A BIG MOVE. SO THE SAN FRANCISCO COUNTERED WITH A BLOCKBUSTER MOVE BIG THE ACQUISITION OF THE WASHINGTON COMMANDERS DEFENSIVE END CHASE YOUNG. THIS MOVE HELPED THE 49ERS GROW STRONGER IN MORE WAYS THAN ONE.

AFTER THAT TRADE THE 49ERS BECAME MORE AND MORE STRONG. THE SAN FRANCISCO 49ERS WOULD NEXT DOMINATE TEAMS WITH THE STAR POWER OF BOSA AND YOUNG. SOME TEAMS COULDN'T RUN THROUGH THAT BRICK WALL. BROCK PURDY WAS DISPLAYING A REASON WHY HIS MVP NOMINEE WAS NOTHING TO BE MESSED WITH. SO THE QUESTION IS WHAT WAS NEXT IN THE BAY AREA?

IN THE END WHERE ARE WE TODAY? THE SAN FRANCISCO 49ERS ARE THE NUMBER ONE SEED IN THE WHOLE NFC AND IN THE PLAYOFFS THE SKY IS ONLY THE LIMIT FOR THE SAN FRANCISCO 49ERS. CHRISTIAN MCCAFFREY IS HAVING AN ALL STAR CALIBER PRO BOWL YEAR. RIGHT NOW THE 49ERS ARE PROBABLY THE FAVORITE TO GO TO THE SUPER BOWL. SO I WOULD SAY THE ODDS IN THE VALLEY ARE PRETTY GOOD.

Newsletter

CALLING ALL AUTHORS...

WOULD YOU LIKE TO BE PUBLISHED IN OUR NEWSPAPER?
JOIN US DURING SP PRESS- EVERY WEDNESDAY @ 1:30PM-
UPSTAIRS.



WHAT'S NEW IN SPORTS?:

- SOWA-Basketball and Cheer practice will resume the week of 1/22 (canceled due to snow)
- Blazers vs. Timberwolves coming in February- Keep your eyes out for details.

SNEAK PEEK INTO FEBRUARY:

- Valentines day dance @ the Luepke Center 2/2/24
- Mt. Peaks therapy llamas
- North Pole Art Studio- mixed media art class at SP on 2/12/24

WHAT WOULD YOU LIKE TO SEE/DO FOR 2024?

Heather D. - Make cheesecake for the holidays.
- Trip to the pet store.
- See a puppet show.

Tom T. - Practice playing the accordion
- Practice Russian dancing or the candy cane dance.

Angela B. - See a Blazers game.
- Have a Christmas party.